



## Test Your Relationship Connection...

Evaluate your marriage connection and pinpoint areas that need improvement.

Rate your answers to the following statements using a scale of 1-5

(1=True; 3=Somewhat True; 5=Not True)

1. I wake up in the morning anticipating connecting with my spouse.
2. I am hardly ever bored with our marriage
3. Knowing what I know now, I would definitely marry my spouse again.
4. We often connect physically – touching, holding hands, hugs and kisses through out the day.
5. My overall outlook on our marriage is very positive.
6. We frequently call, text or email each other during the day to connect or talk.
7. I rarely daydream about a different spouse, an improved marriage, or different life.
8. The energy level of our marriage is high and we work well together.
9. I feel satisfied when I get home from work (or when my spouse gets home).
10. I am often excited about growing old with my spouse and our future together.

Add the numbers to all of your responses together to get an idea of how connected your marriage is.

### Scoring:

10-20: Connected! Your connection score is above average. You are clearly connected with your spouse and headed toward a happy future together.

21-30: You're relatively happy with the condition of your marriage but you would most likely benefit from building up the connection level in your marriage.

31-40: You've got some work to do. You need to make some serious changes to your relationship in order to feel connected and satisfied in your marriage.

41-50: You don't need us to tell you that a significant change in your marriage is necessary to prevent divorce and live the abundant life God has planned for you.

### How to improve your score:

You are interested in a connected marriage and are searching for answers – we've been there also! Real couples are following God's plan for their marriage and are experiencing a connected relationship they didn't think possible. The answers for you are found in the resources and services we will gladly share with you.